

Progressed Moon Phases

“Stars have a life cycle much like animals. They get born, they grow, they go through a definite internal development, and finally, they die, to give back the material of which they are made so that new stars may live.”

— Hans Bethe

New moon phase: (dark moon) 0-45 degrees. A new moon generally represents new beginnings; you can be intuitively guided to start something new but won't really know where it's headed or how it will unfold. Can have a Naïve/young feeling to it. Sometimes it's a period of unemployment and that you must go and lay down roots somewhere else and start a new with your career. Because there is no light in this moon phase your abundance and resources level is usually low but that will improve over time as the Moonlight begins to grow. This phase will feel more hopeful than the balsamic moon even though there is no light

Waxing crescent moon phase: 45-90 degrees. In this phase we start to see what we began at the new moon start to grow wings, we will also feel an urge to push forward after some careful consideration. Our fortune levels start to increase, and we finally feel that we might be getting somewhere. If we experienced unemployment or underemployment, your work situation will improve. You may start to feel like you're getting a bit of your mojo back.

First quarter phases: 90-135 degrees. Action/ tension are the first thoughts that come to me. You are challenged to push forward and go after what you want. Your wings are fully formed now and it's time to take off. If a relationship/job/people etc has been holding you back, you will cut it off and surge forward. The past has finally gone. The moon's light is really starting to return, and higher abundant levels of resources will start to be available to you to get you where you want to go.

Waxing gibbous phase: 135-180 degrees. In this phase, we begin to refine what we started and make it better. Our world really opens and lots of resources are available to us to get us to the top. You will find yourself being very analytical trying to figure out the best and most productive way of achieving your goals. The Moon now has a lot of light so the fortune/resources that are available to you are high, but you are also more visible to the public for good or bad.

Full moon phase: 180-225 degrees. To describe this phase in one word would be culmination. This a time when you reap the rewards after all your work. Themes to do with relationships and working with others can occur. This is the phase that has the most light so it can bring a real sense of achievement and opportunity. You can get a big award for whatever you started at the new Moon phase. Your visibility is also at its highest.

Disseminating moon phase: 225-270 degrees. This phase is when you give back what you have learnt. You may find yourself mentoring/helping others, teaching or giving back in some way everything that you have learnt through the cycle so far. It's also a time when we start to reflect on what has been. The moon is now starting to lose her light so we become not as visible, and we will start to retreat from the public and the need to achieve may become less.

Last quarter moon phase: 270-315 degrees. This is a time when we start to ask ourselves if the direction in life, we are going in is authentic to us and are we living our truth? you may find that you have urge coming from deep inside you to let go of what has been because it doesn't speak to your truth or feel authentic for you anymore. It can be a time of inner tension as you start to destruct what has been and start looking at a new future. There could also be an urgent feeling that you need to make the future happen now,

Balsamic moon phase: 315-360 degrees. This is the phase when the moon starts to lose all her light so there is a feeling of release, endings, and withdrawal. You will find yourself more tired during this phase and feel like you have lost your Mojo. If you have been working huge hours in this phase you will be forced to cut back. It's a time too, when health problems can be a nuisance. The best way to deal with this phase is to heal, surrender and take time out.

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